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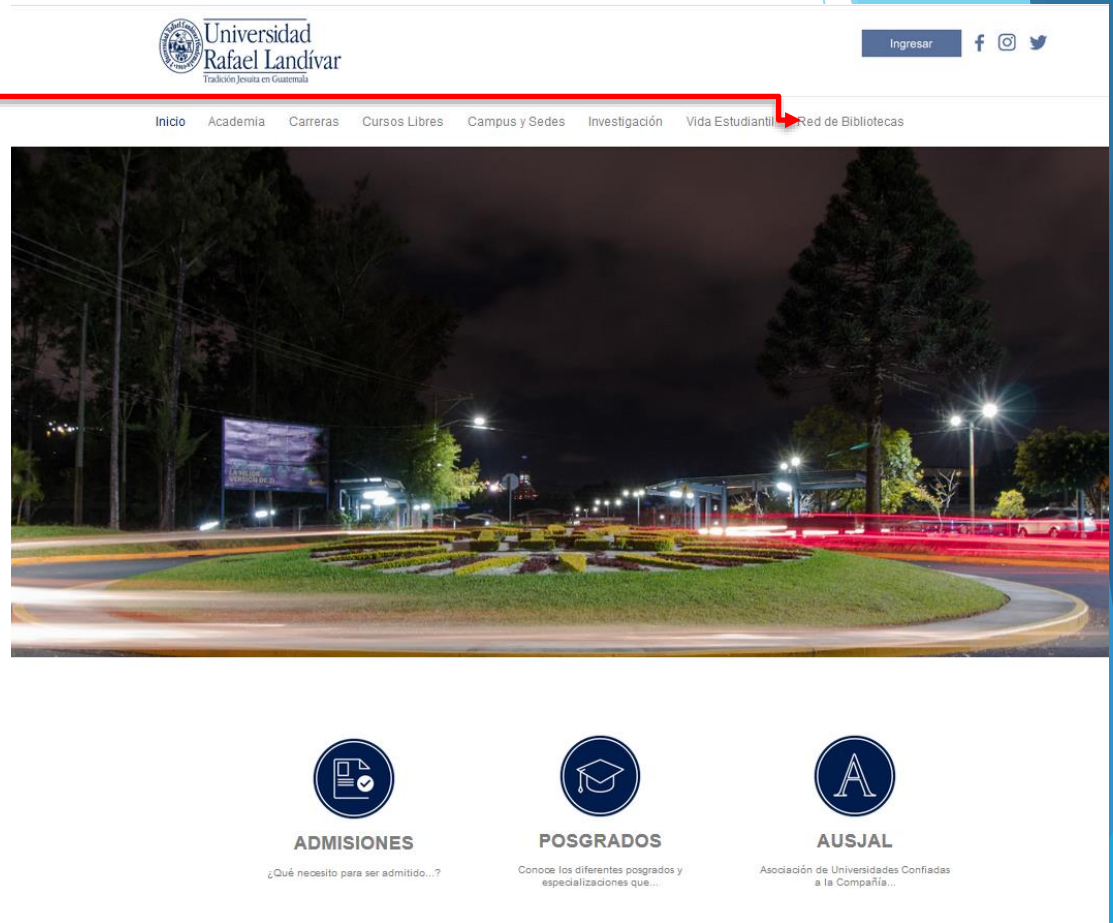
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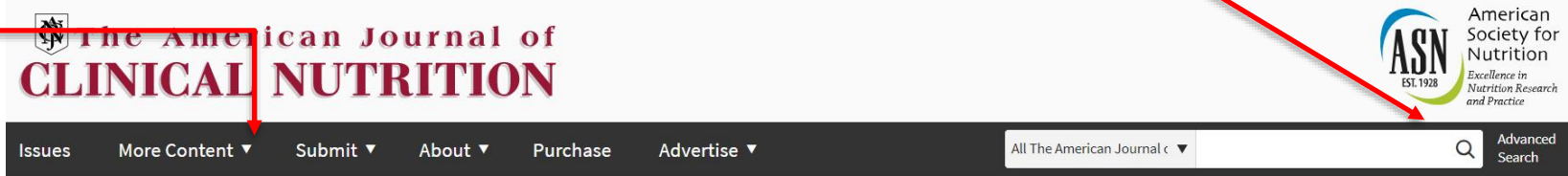


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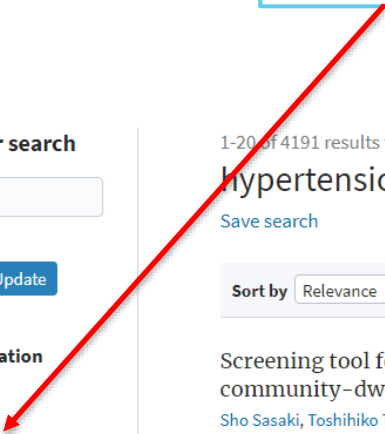
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... and distributed under the terms of the Oxford University Press, Standard Journals Publication Model (https://academic.oup.com/journals/pages/open_access/funder_policies/chorus/standard_publication_model) ABSTRACT Background Excessive salt intake is widely known to be a cause of hypertension, cardiovascular...

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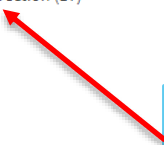
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Maryka Rancourt-Bouchard, Iris Gigueux, Valérie Guay, Amélie Charest, Daniel Saint-Gelais ...

The American Journal of Clinical Nutrition, Volume 111, Issue 1, January 2020, Pages 42–51, <https://doi.org/10.1093/ajcn/nqz251>

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Screening tool for identifying adults with excessive salt intake among community-dwelling adults: a population-based cohort study

Sho Sasaki, Toshihiko Takada, Shingo Fukuma ✉, Miyuki Yamamoto, Takeshi Hasegawa, Hiroki Nishiwaki, Hidekazu Iida, Shunichi Fukuhara

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ABSTRACT

Background

Excessive salt intake is widely known to be a cause of hypertension, cardiovascular events, and so on. However, simple tools for screening excessive salt intake are lacking.

Objective

We aimed to develop a simple screening tool to identify community-dwelling adults with excessive salt intake.

Methods

The present study involved participants who received health check-ups in Fukushima, Japan, in 2016 and 2017. We defined data from the 2016 check-up as the derivation set, and data from those who received check-ups in 2017 but not 2016 as the validation set. The outcome measure was excessive salt intake, defined as the estimated daily salt intake of 1 SD or more. Candidate predictors associated with the outcome were extracted using the Delphi method by an expert panel and narrowed down with clinical expertise and stepwise backward selection. The screening tool was developed using a coefficient-based multiplicative scoring method and externally validated.



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